

## Perfect Fit Boutique

Look your best with post-mastectomy products from the Perfect Fit Boutique. Treat yourself to a smart, balanced look with the help of our trained certified fitters. Our extensive selection of Amoena and Trulife products, including bras and bathing suits, ensures a comfortable and appropriate fit. We even carry products designed for the unique needs of lumpectomy patients. The Perfect Fit Boutique is a lovely shop in a private setting where experienced, registered nurses offer you the best products in a pleasant, comfortable atmosphere. Insurance billing is provided, and for women with limited or no insurance, funds are available through Zonta Club of Utica. Come visit us at the Perfect Fit Boutique, Monday through Friday from 8:30 am to 4:30 pm; appointments preferred but not required. Evening hours available by appointment only. Call (315) 624-5764 for an appointment or for more information.



## Education and Support

The Comprehensive Breast Care Center offers newly diagnosed breast cancer patients understandable practical advice.

The consultation includes:

- techniques for post-operative drain care
- a review of post-operative exercise
- tips to reduce the risk of developing lymphedema
- information on community resources such as the ABC Support Group, Circle of Hope & Life Cancer Support Group, and psychosocial counseling.



Newly diagnosed patients receive our gift bags filled with information, post-surgical camisoles, and "comfort items." *Golfing for Breast Cancer* generously provides the funds for these thoughtful bags.

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